

Further support:

Here are some helpful websites that provide E-Safety guidance for parents:

www.nspcc.org.uk

www.thinkuknow.co.uk

www.childnet.com

www.internetmatters.org

Here are some websites for children on E-Safety:

www.kidsmart.org.uk

www.thinkuknow.co.uk

www.bbc.co.uk/education

www.bbc.co.uk/cbbc/curations/stay-safe (KS2)

Swimbridge C.E Primary School

E-Safety

A guide to keeping children safe online



Swimbridge C.E Primary School

E-safety in school and at home



What does the school do to support them?

E-Safety is taught across the school to all pupils at an age appropriate level. As they develop their knowledge of the exciting online world they look at potential risks and learn strategies to keep themselves safe.

Topics covered include:

- keeping personal information private
- how to get help and support
- using technology safely
- being respectful online (cyber bullying)
- being responsible online (digital footprint)
- how to recognise acceptable and unacceptable online behaviour
- how to report incidents

What can you do at home?

Although children are taught how to use technology safely in schools it is important that they recognise these responsibilities apply at home when using any device with internet access. Here are a few ways to support your children at home:

Make E-Safety a normal topic of conversation

Talking regularly with children about staying safe online will help them feel safe and recognise that they can talk openly with any concerns they may have. This doesn't have to be a negative conversation about all the bad things that can happen online but can open up an opportunity to discuss appropriate use and their own ideas and viewpoints.

Show an interest in your child's online activity

Find out what your children enjoy doing online. Explore websites yourself to check content and child safety features they may have. There are apps available that allow you to monitor your child's online activity and restrict websites you identify as inappropriate.

Set rules

A great way to help you monitor your children's usage is to set rules for online use. These could include appropriate websites, where they are allowed to use the internet (somewhere you can easily monitor) and time limits. Involve the children in creating the rules so that they understand why they are in place.

Research your devices and services

Knowing how to set up your devices and services helps you get a step ahead of internet dangers. When buying new devices that your children are going to access, it is worth asking about parent controls as some companies will even set this up for you. Most internet suppliers also allow you to activate parental controls including filters and time restrictions to manage any devices connected.

Speak to the school

Don't ever be afraid to ask! If you need advice or guidance feel free to come in and speak to your child's teacher.